

The Advocate

HCPSS Elementary School Counseling Monthly Newsletter



IN OUR WORLD

Happy National School Counseling Week! What is National School Counseling Week (NSCW), you ask? NSCW is an entire week filled with celebratory focus on the impact school counselors have on student success in the areas of academic, social/emotional, and career development. The week is typically filled with celebratory announcements and events to showcase school counseling efforts. So, keep an eye and ear out from **February 3rd-7th, 2020** as school counselors and school counseling advocates around the country focus public attention on this year's theme: "School Counselors: Helping Build Better Humans". Feel free to follow along and even make your own voice heard, as well! #NSCW2020



IN OUR COUNTY

Remember, elementary schools are having parent teacher conferences on **Thursday, February 13th** and **Friday, February 14th**. Please use the [HCPSS Connect link](#) to select a conference time that works for you.

Not exactly sure what to ask when you get there? Consider some of these questions/prompts to obtain a deeper understanding of your child's strengths, areas of improvements, and joys at school!

- What do you see as my child's strength(s)?
- How can I help to further develop these strengths?
- What area(s) do you believe need the most improvement?
- How can I specifically help improve these areas at home?
- How is my child doing socially? Emotionally?
- I would love to share a particular success...
- May I share a specific concern?
- In what areas has my child shown the most growth since the beginning of the year?
- Does my child usually solve problems (personally, socially, academically) independently?
- What seems to be my child's favorite part of the school day?
- Does my child treat others with kindness and respect?

IN OUR SCHOOL



Becky Reeb, rebecca_reeb@hcpss.org

Thank you very much to all of the parent and community volunteers for volunteering their time to serve as a presenter for 5th Grade Career Day on February 5, 2020! Our students

gained much insight and appreciation for a variety of careers and really seemed to enjoy the day! We greatly appreciate their time, talents, and willingness to help make Career Day such a success! It was exciting to see so many of our students dressed up as their future careers - doctors, veterinarians, astronauts, chefs, teachers, athletes and more! Many, many thanks for all your support!

Mr. Joseph Lesinski

Mr. Jeremy Lignelli

Ms. Doan Pham

Sheriff David Picco

Ms. Rosalyn Hunt

Mr. Ted Giovanis

Ms. Julie Knox-Brown

Officer Vitale

Firefighter Sinz

Mr. Stanley Crump

Mr. Amit Verma

Mr. Yong Yi



IN OUR HOMES

Considering printing [this poster](#) and having your child(ren) complete the following prompt: “My school counselor helps me be better by...”. If willing, encourage your child to bring the completed poster to school for your school counselor to enjoy!



Book List

Did you know that February is [International Boost Self-Esteem Month](#)? Here are some kid friendly books that may open the door for discussions that will help your child develop a positive sense of self.

- [I Am So Brave](#) (Stephen Krensky)
- [It's Okay To Be Different](#) (Todd Parr)
- [Be Who You Are](#) (Todd Parr)
- [ABC for Me: ABC What Can She Be](#) (Sugar Snap Studio)
- [Where Are You From](#) (Yamile Saied Mendez)
- [I Will Be Fierce](#) (Bea Birdsong)
- [The Skin You Live In](#) (Michael Tyler)
- [Marvelous Me](#) (Lisa Bullard)
- [I Love My Hair](#) (Natasha Anastasia Tarpley)
- [I Am Enough](#) (Grace Byers)
- [Find Your Happy!: A Kid's Self Love Book](#) (Patricia May)
- [A is for Awesome](#) (Eva Chen)



Fun Fact!

School counselors implement school-wide programs based on national standards put forth by The American School Counselor Association (ASCA). ASCA's guiding document, *ASCA Mindsets & Behaviors for Student Success*, places college and career readiness skills into two main categories- Mindset Standards and Behavior Standards. This month, let's take a closer look at the **six core mindset standards** school counselors work to develop with all students.

1. Belief in development of whole self, including healthy balance of mental, social/emotional and physical well-being
2. Self-confidence in ability to succeed
3. Sense of belonging in the school environment
4. Understanding that postsecondary education and life-long learning are necessary for long-term career success
5. Belief in using abilities to their fullest to achieve high-quality results and outcomes
6. Positive attitude toward work and learning

Stay tuned! Next month we will hear more about ASCA's Behavior Standards.

American School Counselor Association (2014). *Mindsets and Behaviors for Student Success: K-12 College- and Career-Readiness Standards for Every Student*. Alexandria, VA: Author.