

# ***FIT2Order's*** **FIT Family Night!**



**It's Time to Register for a FREE FAMILY  
THUNDER HILL  
wellness event....**

**When: November 29, 2017**

**Time: 6 - 8 pm**

### **Highlighted Stations To Include:**

- Kid Friendly Boot Camp
- Martial Arts
- Zumba
- Yoga
- Dance Party Finale
- Parent Nutrition Workshop
- Wellness Tables

**A PARENT OR GUARDIAN MUST ACCOMPANY CHILDREN TO THE EVENT.**

**PARENTS AND STUDENTS COME DRESSED TO EXERCISE TOGETHER!!**

To register, you may complete the paper registration form and turn it in at school OR register online using the hyperlink <http://bit.ly/FFNThunderHill> from the email message. If using the online registration form, please also click on **ADD ADDITIONAL REGISTRANT** to include all family members attending. For more information, please contact Mr. Matt Henry at [Matthew\\_Henry@hcpss.org](mailto:Matthew_Henry@hcpss.org)